

# OUR LADY OF LOURDES

PARISH OF SEVEN HILLS

*"Still a wonderful place to pray & stay."*

7 Grantham Road, Seven Hills. NSW. 2147

Ph. 9622 2920

Email: [secretary@olol7hills.com.au](mailto:secretary@olol7hills.com.au)

**Parish Priest:** Fr Henry Huu Duc Tran  
**Parish Deacon:** Deacon Thong Nguyen  
**Parish Office Team:** Rosie Sadipoor, Kim Dang, Jane Nguyen  
**Office Hours: Monday-Friday:** 9am - 3.00pm  
**WEEKDAY MASS:** Tues, Wed, Fri. 8.00am  
 Thursday 9.00am  
**WEEKEND MASS:** Saturday Vigil 6pm  
 Sunday 8am & 9.30am

**Parish School:** OLOL 8869 6800  
**Principal:** Ms Keiran Byrnes  
**Reconciliation:** Saturday 4:30-5:30pm  
**Baptismal Preparation:** 18th September 2024  
**Baptism:** 25th August 2024  
**Sacrament Co-Ordinator:** Mrs Artelle Lenthall  
**Parish Website:** [www.olol7hills.com.au](http://www.olol7hills.com.au)  
**Facebook** <https://www.facebook.com/OLOL7Hills/>

## 20TH SUNDAY IN ORDINARY TIME 18 August 2024 • Year B



### Let us Pray for the Sick

Rico Abadam, Leonila Ahillon, Florence Arinanan, Mary Attard, Rodney Bell, Sarah Bartolo, Rosella Booth, Ben Dixon, Alma Caguimbal, Mary Camilleri, Para Dias, Ronald Fountain, Renuka Fernando, Chmouneh Hayek, Anthony Janicska, Mary Jordan, Clare Kinsley, Paul Leong, Blago Milicevic, Rynan Michael, Zeferino Jayson Morales, Maricar Poblete, Debra Price, Camy Ratnam, Eustace Ratnam, Sue Tipaldo, Vivian Tomines, Natalie Woodward.

If you would like to add to our Sick List or know of any Parishioner who is unwell please contact Father Henry or email the Parish Office: [secretary@olol7hills.com.au](mailto:secretary@olol7hills.com.au)  
 We can also arrange for Holy Communion or a visit if required.

### Let us Pray for the Deceased

**Recently Deceased:** Emma Barriom, Vivienne Cameron, Barrie Chamberlain, Murial Chary, Grace Caruana, Florencia Dela Cruz, Anna Maria De Palma, Dulcie Duraisamy, Carmelo Galea, Henrieta Fernando, Jasmin Fernando, Ricardo Garcia, Hector Lordi, Cynthia Lopez, Elaine Siu Ling Miu, Edwin Tabone, Marie Thomas, David Waring.

**Anniversaries:** Vic Azzopardi, Frank Baiada, Ronald Barley, Giovanni Barnaba, Peter & Helen Bonnici, Rose Camilleri, Joseph Caruana, Terry Caruana, Catherine Chandra, Paula Simone Commarmond, Aloysean Corera, Elive Diggelman, Joan Falzon, John Fernando, Nevis Fernando, M.A Fernando, Juliet Francis, Anthony Garcia, Teodoro Garcia, Zenaida Garcia, Christine Gomez, Josephine Gomez, John Johnson, Lissy, Jose & Mary Kutty, Lyn Morrissey, Tony Muscat, Ignacio Nonato Snr, Sheena Landagan, Rita Leon, Laurence Morrissey, Cordula Paiva, Jose Reyes, Cornelio & Iluminada Rondario, Michael Sant, Mary Silva, Rosary Silva, Natalie Spiteri, Melchor Usman, Dionisio Udan.

**Remembrance:** Neil Amaratunga, France Angseeing, Carmen Attard, Roy, Mary & Des Barney, Sam Borg, Zeferino Cabasa, Myrna Cruz, Saviour Caruana, Fe Licup Carmen, Tania McGove, Sam & Silvia Debattista, Carmen, Jimmy, Antonio, Tania, Vivian, Joe & Launcer De Guire, Nevis Fernando, Maximilian & Julian Epondulan, Sam Gabo, Mary & Sam Galea, Evangeline Garcia, Leandro Snr Garcia, Jose Garcia, Constance Gaycroft, Frans Gutajar, Selvam Iudayaraj, Pauline Meilak, Mangion & Cini Family, Antonio Mancina, Maureen & John Mead, Sashin Patrick Manamperi, Mary Mifsud, Joseph Mifsud, Emilia & William Mifsud, Laureano Reyes, Maria Reyes, Anton & Lourda Motha, Louis, Stephen & Joseph Mula, Mary & Francis Muscat, John & Roseline Ratnam, Benigno Rival Sr, Jonathan Tek Kie, Tony Vassollo, Shane Vaz, Vinnie Zahra.

*\*Names are to be submitted to the Parish Office on or before a Thursday and will be published for 4 weeks at a time\**



### Funeral Notices

Elaine Siu Ling Miu  
 Our Lady of Lourdes Church  
 Wednesday 21st of August, 10.30am  
 Viewing from 10.00am

*May the souls of the faithful departed rest in peace. Amen*

### Our Lady of Lourdes

Ever Immaculate Virgin, Mother of mercy, health of the sick, refuge of sinners, comfort of the afflicted, you know my needs, my troubles, my sufferings; cast on me a look of pity. By appearing in the grotto of Lourdes, you were pleased to make it a privileged sanctuary, from which you dispense your favours, and already many sufferers have obtained the cure of their infirmities, both spiritual and physical. I come, therefore, with the most unbounded confidence to implore your maternal intercession. Obtain most loving mother, my requests, through Jesus Christ your Son our Lord.  
 Amen.



### REGULAR COLLECTIONS - First and Second

**FIRST COLLECTION and EFTPOS Terminals** are for the support of Priests throughout the Diocese.

#### ON-LINE BANK DONATIONS

**Account name:** Parramatta Diocesan Clergy  
**BSB:** 067 950  
**ACC:** 00 00 4265  
**Reference:** Seven Hills - 6035

#### SECOND COLLECTION or Planned Giving Program

On behalf of the Parish Community, I would like to thank you very much for your ongoing support, which has been absolutely vital in keeping our Parish going strong. Projects completed include the Hall Kitchen renovation, Parish Meeting Room painting, Parish Office and Meeting Room Roof painted, Church roof cleaned and ceiling repaired and painted.

#### ON-LINE BANK DONATIONS

**Account Name:** Seven Hills Catholic Church.  
**BSB:** 067 950  
**ACC:** 000552  
**Reference:** (Your *Planned Giving envelope number* or for a one off donation, 'DONATION')

#### IN-PERSON BANK DEPOSIT (at a Bank Inst / Branch)

**Account Name:** Seven Hills Catholic Church  
**BSB:** 062 315  
**ACC ID #** 00901486  
**AGENT #** 660

### THE PILGRIM STATUE OF OUR LADY OF LOURDES

The Statue of Virgin Mary is available for home visitation and will reside with you for a week, being Sunday to Saturday. If you are wishing to participate, please leave your name and address with the Parish Office or contact Maryse Angseeing on 0467 701 010.

---

**FIRST READING** *A reading from the first book of Proverbs 9:1-6*

Wisdom has built herself a house, she has erected her seven pillars, she has slaughtered her beasts, prepared her wine, she has laid her table. She has despatched her maidservants and proclaimed from the city's heights: 'Who is ignorant? Let him step this way.'

To the fool she says, 'Come and eat my bread, drink the wine I have prepared! Leave your folly and you will live, walk in the ways of perception.'

The word of the Lord.

---

**RESPONSORIAL PSALM****(R) Taste and see the goodness of the Lord.**

- |  |  |
|--|--|
| 1. I will bless the Lord at all times,<br>his praise always on my lips;<br>in the Lord my soul shall make its boast.<br>The humble shall hear and be glad. <b>(R.)</b>                 | 3. Come children, and hear me<br>that I may teach you the fear of the Lord.<br>Who is he who longs for life and many days,<br>to enjoy his prosperity? <b>(R.)</b> |
| 2. Revere the Lord, you his saints.<br>They lack nothing, those who revere him.<br>Strong lions suffer want and go hungry<br>but those who seek the Lord lack no blessing. <b>(R.)</b> | 4. Then keep your tongue from evil<br>and your lips from speaking deceit.<br>Turn aside from evil and do good;<br>seek and strive after peace. <b>(R.)</b>         |
- 

**SECOND READING** *A reading from the second letter of St Paul to the Ephesians 5:15-20*

Be very careful about the sort of lives you lead, like intelligent and not like senseless people. This may be a wicked age, but your lives should redeem it. And do not be thoughtless but recognise what is the will of the Lord. Do not drug yourselves with wine, this is simply dissipation; be filled with the Spirit.

Sing the words and tunes of the psalms and hymns when you are together, and go on singing and chanting to the Lord in your hearts, so that always and everywhere you are giving thanks to God who is our Father in the name of our Lord Jesus Christ.

The word of the Lord.

---

**GOSPEL ACCLAMATION**

Alleluia, alleluia!

All who eat my flesh and drink my blood  
live in me and I in them, says the Lord.  
Alleluia!

**GOSPEL** *A reading from the holy Gospel according to John 6:51-58*

Jesus said to the crowd:

'I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.' Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied: 'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day. For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me and I live in him.'

As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'

The Gospel of the Lord

---



Dear friends,

For four weeks in a row starting with the Gospel story about Jesus' miracle to multiply five barley loaves and two fish seen as the metaphor of the Sacrament of the Eucharist Jesus officially established at the Last Supper, we have Gospel after Gospel recounting Jesus' efforts to tell us what he means about the Eucharist and its various dimensions.

He took them from the experience of the miraculous meal freely given to them in the most difficult circumstances to the spiritual and transcendental experience of what we call the Sacrament today, and this move obviously was too much for them because they were unprepared to embrace such a new concept. They, as we see, in the Gospel last Sunday began to question his claim to be 'the bread that came down from heaven', the one they thought as impossible, and became more agitated as we heard from the Gospel this Sunday when Jesus told them the bread he was going to offer is his flesh. It was more challenging as he solemnly declared that those who eat his body and drink his blood will have eternal life.

The disciples could have had trouble grasping the Body and Blood concept Jesus was teaching here, though they kept silent and chose not to argue with their Master, and they perhaps just began to somehow understand it while witnessing what Jesus did at the Last Supper with the bread and the chalice. He raised them up, said the blessing, asked them to share and most significantly instructed them to continue to celebrate it in memory of him. 'Do this in remembrance of me,' said Jesus to the disciples gathered around him for the occasion (cf. Lk 22.19).

How can the bread and wine become the Body and Blood of Christ? This question challenged not just the crowds following Jesus then, but generations and generations of his followers ever since. There have been various attempts to tackle the question, and above all the old aged concept of TRANSUBSTANTIATION beginning from the 12<sup>th</sup> century has remained the most popular one. It basically means to say that the appearances of the bread and wine remain the same while their substance changes into the body and blood of Christ at the Institution Narrative.

Let us give praise and thanks to God for his gift of faith to help us appreciate and treasure the Sacrament of the Eucharist, and pray that our participation in the table of the Eucharist today will give us strength to continue our pilgrim journey. Have a Eucharist-filled weekend,

*Fr Henry*

## PARISH NEWS...

### NEW MINSITERS IN OUR PARISH

We are privileged to have the service of new ministers who have recently completed their liturgical courses, they are as follows: Patelisio Kama as Acolyte, Tom Perak and Kilisitina Talikimuli Kama as Extraordinary ministers of Holy Communion and ministers of Communion to the Sick and Dying; also Anthonyne Pushparajan, Kevin Keane, Justine Saji and Kilisitina Talikimuli Kama as Reading ministers.

These new ministers are invited to attend the 9.30am Mass next Sunday the 25th of August for a special presentation. On behalf of the Parish I would like to thank each of them for offering their services.

### SERVING AS PARISH MINISTERS

Our Diocesan Liturgical Ministry Formation Courses 2024 including Extra-ordinary ministers of Communion, Ministers of Communion to the Sick and Dying, and ministers at the Altar (or Acolytes) will commence from Monday 9 September 2024, our parishioners are encouraged to enrol in your preferred ministries by completing an Enrolment form and returning it to Fr Henry. For those who wish to become Readers or ministers of the Word, please fill out the Parish Groups form and return to Fr Henry. A Formation course shall be conducted shortly in our parish.

### CANDLE WAX ON THE CHURCH CARPET

Please do not try to remove candle wax on the church carpet by yourselves, for you might make it worse. Instead let our staff know and we ask our carpet cleaners to treat it.

### LOURDES PLAYGROUP

Playgroup is on every Friday during school term, 9.00am—11.00am in the Parish Meeting Room, children aged 0 to 5 years old and their carers are welcome to come along during any part of that time for a play. If you are enrolling your child at OLOL school, this is a great way to meet fellow parents and for your child to become familiar with the environment. All are welcome. To attend please register by 3pm the Thursday prior via Facebook under 'Lourdes Play Group' or contact Maria on 0432 174 056.

### SRCs – CATECHISTS THANK YOU

Thank you Marilyn Hancock, Head of CCD for sparing time to come and speak to us about the Catechist ministry at the 6pm Vigil Mass and the 9.30am Sunday Mass. Thank you Rev Deacon Thong for co-ordinating the process, to our catechists for giving a helping hand, and newly enrolled SRCs for answering the call to join this ministry.

### FACE-TO-FACE RENEWAL SAFEGUARDING TRAINING AT OUR LADY OF LOURDES PARISH

If you completed the initial Cycle 1 Modules 1 -3 two years ago, you are now invited to complete the renewal modules 4-5. OLOL will be hosting these two Renewal Mandatory Safeguarding Modules 4 and 5 on: Saturday 31<sup>st</sup> August from 10.00am in the hall. Please register your attendance on the form at the back of the church or through the Parish Office. If you wish to complete these modules independently at times convenient to you, please 'sign up' to: <https://learning.safeguarding.org.au>

### MANDATORY SAFEGUARDING TRAINING – CYCLE 1

Are you new to ministry or have not yet completed the initial Cycle 1 Safeguarding Modules 1 -3? These Mandatory Safeguarding Modules will: Introduce the NSW Child Safe Standards and Explain our roles and responsibilities as Mandatory Reporters in our Parish Ministries. Demonstrate ways to apply the Child Safe Standards to continue to build safe parish communities for children and all adults at risk. Modules 1-3 will be presented at St Anthony of Padua Toongabbie on Saturday 7<sup>th</sup> September between 10am – 3pm. You can find other dates for face to face safeguarding training opportunities on the Diocesan Website at: <https://parracatholic.org/connect/events/?series=safeguarding-training> If you wish to complete these modules independently at times convenient to you, please 'sign up' to: <https://learning.safeguarding.org.au>

## DIOCESAN NEWS

### Launch of the Diocesan Pastoral Plan for a Synodal Church

On Saturday 10 August, the Diocese of Parramatta launched the Diocesan Pastoral Plan for a Synodal Church. Our pastoral plan represents the culmination of our Synod journey, where we have come together to listen, discern, and envision a path forward for our diocese over the past 16 months. To download a copy of the Diocesan Pastoral Plan, visit [parracatholic.org/synodality](http://parracatholic.org/synodality).

### Vale Bishop Kevin Manning

On Friday 2 August, the Diocese of Parramatta bid a fond farewell to Bishop Emeritus Kevin Manning, the second Bishop of Parramatta, during a moving service at St Patrick's Cathedral, Parramatta. Visit [catholicoutlook.org](http://catholicoutlook.org) for stories, images and video from Bishop Manning's funeral. You can also share your memories of Bishop Manning via our online condolence book via <https://www.kudoboard.com/boards/NR3o0u4X>. We continue to pray for the repose of his soul and give thanks to God for his earthly life.

### Jesus Light of the World Communities Growth Formation Retreat: 23 - 25 August

The Jesus Light of the World Communities invites you to their Growth Formation Retreat from 23 to 25 August at The Collaroy Centre, Collaroy. The program includes Mass, workshops, discussions and an hour of empowerment. Prices are \$450 per person for single, or \$360 per person twin share. For more information, please contact Helen on 0433 455 114 or email [jlowcommunity@gmail.com](mailto:jlowcommunity@gmail.com)

### Diocesan Season of Creation Mass: 1 September

The Diocese of Parramatta's Laudato Si' Action Team and Sacred Heart Parish Blackheath invite you to Mass with Bishop Vincent Long to launch the Season of Creation 2024 (1 September – 4 October) on Sunday 1 September at Sacred Heart Church, Blackheath, at 9.30am. Morning tea will be served after Mass. Let us join in praise and celebrate the gifts and wonders that God bestows on us.

### Diocesan Season of Creation Gathering: 14 September

You are invited to a Diocesan Season of Creation gathering on Saturday 14 September from 10am to 4pm at Winbourne Retreat Centre, Mulgoa. This event is part of Catholic Earthcare's national Season of Creation Convocation from 12-14 September. Cost is \$50 for the Diocesan gathering only, or \$100 for the full Convocation (with days 1 and 2 online). For program details, please visit [tinyurl.com/soc-gathering24](http://tinyurl.com/soc-gathering24). Register for the Convocation by 12 August at [caritas.org.au/soc-convocation](http://caritas.org.au/soc-convocation).

### Winbourne The Aramaic Lord's Prayer Reflection Day: 28 September

The Winbourne Edmund Rice Retreat Centre, Mulgoa, is holding a reflection day on 'The Aramaic Lord's Prayer' on Saturday 28 September 9.30am to 12.30pm. Returning to what Jesus actually said is a truly enlightening and prayerful experience. Cost is \$15 per person. For more information or to book, contact 4773 5555 or email [info@winbourne.org](mailto:info@winbourne.org)

### MET Worship Children's Liturgy Workshop: 19 September

Children's liturgy team members are invited to attend a workshop with an outline of the Diocesan Guidelines and a Children's Liturgy Q&A session with the Diocesan Liturgy Educator, Sr Mary-Louise Walsh. This will be held on Thursday 19 September from 7pm – 8:30pm at the Bishop Bede Heather Centre in Blacktown. To register or for more information, please email Lucy [lucy.woodbury@parracatholic.org](mailto:lucy.woodbury@parracatholic.org) or on this link <https://parracatholic.org/events/met-childrens-liturgy-workshop-19-sept/>

### ACBC 2024-2025 Social Justice Statement Launch: 20 August

All are warmly invited to attend the official launch of the Australian Catholic Bishops Conference's 2024-2025 Social Justice Statement, 'Truth & Peace: A Gospel Word in a Violent World' on Tuesday 20 August 10am to 12pm in St Paul's Catholic College Sports Hall, Greystanes, adjoining Our Lady Queen of Peace Parish, Greystanes. Please RSVP your via this link: <https://forms.office.com/r/1Wd96tbps0>

### Thank you for getting #Active4Vocations and supporting our Holy Spirit Seminarians!

Last Sunday, 17 Holy Spirit Seminarians, priests, and parishioners from the Diocese of Parramatta pounded the pavement in the 14km City2Surf. Thank you, our faith community, for generously supporting their efforts to raise awareness of priestly vocations and funds to support or seminarians' spiritual development. If you haven't had a chance to spur them on their path to the priesthood, please scan the QR code or donate @ [tinyurl.com/Active4Vocations](http://tinyurl.com/Active4Vocations).



### The FaithFeed: 6 September

Looking for great conversations + live atmosphere + storytelling from those in their 20s, 30s 40s? Sign up for The FaithFeed, Friday 6 June 2024 – Doors open 7PM w/ live music for 7:30PM start. Downstairs @ Bishop Bede Heather Centre: 1-5 Marion Street, Blacktown NSW 2148. RSVP via QR or get in touch with the team via [met@parracatholic.org](mailto:met@parracatholic.org)



### Sisters of Faith Young Women's Retreat: 31 August

To celebrate National Vocations Awareness Week, young women aged 18-35 are invited to a retreat day on Saturday 31 August from 10am to 3pm at the Sisters of the Holy Family of Nazareth community, 116-132 Quakers Road, Marayong. Meet with sisters from nine different congregations for a day of inspiring talks, Q&A, Eucharist, Holy Hour and great food. To register, please contact Sr Christine Ramada CSFN on [vocationscsfn@gmail.com](mailto:vocationscsfn@gmail.com) or 0426 092 699.

### Winbourne Sin and Redemption Reflection Day: 14 September

The Winbourne Edmund Rice Retreat Centre, Mulgoa, is holding a reflection day on 'Sin and Redemption' on Saturday 14 September from 9.30am to 12.30pm. God's only use for sin is to turn it on its head and use it to save us. How might I use this to energise my life? Cost is \$15 per person. For more information or to book, contact (02) 4773 5555 or email [info@winbourne.org](mailto:info@winbourne.org)

### Holy Hour for Vocations: 20 September

Please join us across the Diocese to pray for more vocations to the priesthood. Join us at Mary Immaculate Parish, Quakers Hill-Schofields on Friday 20 September 7pm to 8pm. Deacon Menard Gaspi will be leading adoration and giving a short talk about vocations to the priesthood. Confessions will be heard during Adoration. Join us afterwards for refreshments. For further information, contact the parish office on 96263326 or email [parishoffice@maryimmac.org.au](mailto:parishoffice@maryimmac.org.au)

### Free English and Citizenship Classes

Catholic Care Western Sydney and the Blue Mountains are offering English and Citizenship classes at Mamre House, 181 Mamre Rd, Orchard Hills, on a Tuesday and Wednesday from 10am to 2pm during school terms. Free childcare is available. If you are interested in enrolling, please contact Mamre Crèche on (02) 8843 2506 or Nepean Community College (02) 4724 9000.

---

## POPE FRANCIS' ANGELUS



*Dear brothers and sisters, happy Sunday!*

Today the Gospel of the liturgy (*Jn 6:41-51*) tells us about the reaction of the Judeans to the statement of Jesus, who says: "I have come down from heaven" (*Jn 6:38*). They are scandalized.

They murmur among themselves: "Is not this Jesus, the son of Joseph, whose father and mother we know? How does he now say, 'I have come down from heaven'?" (*Jn 6:42*). And they murmur like this. Let us pay attention to what they say. They are convinced that Jesus cannot have come from heaven, because he is

the son of a carpenter and because his mother and his relatives are common people, familiar, normal people, like so many others. "How could God manifest Himself in such an ordinary way?", they say. They are obstructed in their faith by their preconception of his humble origins and they are obstructed by the presumption, therefore, that they have nothing to learn from him. Preconceptions and presumptions, how much harm they do! They prevent sincere dialogue, a coming together of brothers and sisters: beware of preconceptions and presumptions. They have their rigid mindsets, and there is no space in their heart for what does not fit into them, for what they are unable to catalogue and file away in the dusty shelves of their security. And this is true: very often our securities are closed up, dusty, like old books.

And yet they are people who observe the law, who give alms, who respect fasts and times of prayer. Indeed, Christ has already performed various miracles (cf. *Jn 2:1-11, 4, 43-54; 5:1-9; 6:1-25*). How is it that all this does not help them to recognize in Him the Messiah? Why does it not help them? Because they carry out their religious practices not so much in order to listen to the Lord, but rather to find in them the confirmation of what they think. They are closed to the Word of the Lord, and look for confirmation of their own thoughts. This is demonstrated by the fact that they do not even take the trouble to ask Jesus for an explanation; they limit themselves to murmuring among themselves against Him (cf. *Jn 6:41*), as though to reassure each other of what they are convinced, and they shut themselves in, they are closed up in an impenetrable fortress. And so, they are unable to believe. The closure of the heart: how much harm it does, how much harm!

Let us pay attention to all of this, because at times the same thing can happen to us too, in our life and in our prayer: it can happen to us, that is, that instead of truly listening to what the Lord has to say to us, we look to Him and others only for a confirmation of what we think, a confirmation of our convictions, our judgements, which are prejudices. But this way of addressing God does not help us to encounter God, to truly encounter Him, nor to open ourselves up to the gift of His light and His grace, in order to grow in goodness, to do His will and to overcome failings and difficulties. Brothers and sisters, faith and prayer, when they are true, open the mind and the heart; they do not close them. When you find a person who is closed in their mind, in prayer, that faith and that prayer are not true.

Let us ask ourselves, then: in my life of faith, am I capable of being truly silent within myself, and listening to God? Am I willing to welcome His voice, beyond my own mindset, and also, with His help, to overcome my fears? May Mary help us to listen with faith to the Lord's voice, and to do His will courageously.

---

### After the Angelus

Dear brothers and sisters!

We have commemorated, in these days, the anniversary of the atomic bombing of the cities of Hiroshima and Nagasaki. As we continue to commend to the Lord the victims of those events, and of all wars, let us renew our intense prayer for peace, especially for troubled Ukraine, the Middle East, Palestine, Israel, Sudan and Myanmar.

Today is the feast of Saint Clare: I address an affectionate thought to all the Clarissians, and in particular those of Vallegloria, with whom I have a beautiful friendship.

Let us also pray for the victims of the tragic air crash in Brazil.

And I greet you all, Romans and pilgrims from Italy and many countries, in particular the group of students from the minor seminary of Bergamo, who have come on foot from Assisi, in a several days-long pilgrimage. Are you tired? No? Good. You are good!

I wish you all a happy Sunday. And to you, too young people of the *Immacolata*: happy Sunday!

And please, do not forget to pray for me; you Brazilians, too, who I can see clearly.

To all of you, thank you! Enjoy your lunch, and *arrivederci!*

---

## POPE FRANCIS

### BULL OF INDICTION OF THE ORDINARY JUBILEE OF THE YEAR 2025

### FRANCIS BISHOP OF ROME SERVANT OF THE SERVANTS OF GOD

### TO ALL WHO READ THIS LETTER MAY HOPE FILL YOUR HEARTS

14. The *elderly*, who frequently feel lonely and abandoned, also deserve signs of hope. Esteem for the treasure that they are, their life experiences, their accumulated wisdom and the contribution that they can still make, is incumbent on the Christian community and civil society, which are called to cooperate in strengthening the covenant between generations.

Here I would also mention *grandparents*, who represent the passing on of faith and wisdom to the younger generation. May they find support in the gratitude of their children and the love of their grandchildren, who discover in them their roots and a source of understanding and encouragement.

15. I ask with all my heart that hope be granted to the billions of the *poor*, who often lack the essentials of life. Before the constant tide of new forms of impoverishment, we can easily grow inured and resigned. Yet we must not close our eyes to the dramatic situations that we now encounter all around us, not only in certain parts of the world. Each day we meet people who are poor or impoverished; they may even be our next-door neighbours. Often they are homeless or lack sufficient food for the day. They suffer from exclusion and indifference on the part of many. It is scandalous that in a world possessed of immense resources, destined largely to producing weapons, the poor continue to be “the majority of the planet’s population, billions of people. These days they are mentioned in international political and economic discussions, but one often has the impression that their problems are brought up as an afterthought, a question which gets added almost out of duty or in a tangential way, if not treated merely as collateral damage. Indeed, when all is said and done, they frequently remain at the bottom of the pile”. [7] Let us not forget: the poor are almost always the victims, not the ones to blame.

#### *Appeals for hope*

16. Echoing the age-old message of the prophets, the Jubilee reminds us that *the goods of the earth* are not destined for a privileged few, but for everyone. The rich must be generous and not avert their eyes from the faces of their brothers and sisters in need. Here I think especially of those who lack water and food: hunger is a scandal, an open wound on the body of our humanity, and it summons all of us to a serious examination of conscience. I renew my appeal that “with the money spent on weapons and other military expenditures, let us establish a global fund that can finally put an end to hunger and favour development in the most impoverished countries, so that their citizens will not resort to violent or illusory situations, or have to leave their countries in order to seek a more dignified life”. [8]

Another heartfelt appeal that I would make in light of the coming Jubilee is directed to the more affluent nations. I ask that they acknowledge the gravity of so many of their past decisions and determine to *forgive the debts* of countries that will never be able to repay them. More than a question of generosity, this is a matter of justice. It is made all the more serious today by a new form of injustice which we increasingly recognize, namely, that “a true ‘ecological debt’ exists, particularly between the global North and South, connected to commercial imbalances with effects on the environment and the disproportionate use of natural resources by certain countries over long periods of time”. [9] As sacred Scripture teaches, the earth is the Lord’s and all of us dwell in it as “aliens and tenants” (Lev 25:23). If we really wish to prepare a path to peace in our world, let us commit ourselves to remedying the remote causes of injustice, settling unjust and unpayable debts, and feeding the hungry. (*to be continued*)

## POPE FRANCIS to Altar servers: ‘Share Jesus with others’ By Lisa Zengarini

In his address to nearly 50,000 altar servers gathered in St. Peter’s Square, Pope Francis highlighted the deep meaning of the motto chosen for the international event: “With you” (Isa 41:10). This expression, he noted, “encapsulates the mystery of love”, which is the “mystery of our lives.” The altar servers had gathered in the square with the Pope as part of their weeklong pilgrimage to Rome, now in its second day.

### **Being with God**

The Pope remarked that in the liturgy they serve, these two words refer first of all to God who, in the Eucharist, “becomes a real and concrete presence in the Body and Blood of Christ.”

*“Your experience of serving the liturgy reminds me that the first subject, the agent of this ‘with you’, is God.”*

“When we receive Holy Communion,” Pope Francis explained, “we experience that Jesus is ‘with us’ both spiritually and physically,” not in words, but with that “act of love, which is the Eucharist.”

### **Because Jesus is with us, we can truly be with Him**

In Communion, the Pope continued, altar servers too “can say to the Lord Jesus, ‘I am with you’”, not in words, “but with your heart and your body, with your love.” By ministering with an attentive mind, heart and body, “the mystery of God who is with you gives you the ability to be with others in a new way” thus carrying out “His commandment to ‘love one another as I have loved you’,” he said.

*“The ‘with you’ of Jesus, thanks to His love, becomes my, your, our ‘with you’ that we can share with others.”*

### **Being close to our neighbors**

Being with Jesus, therefore, implies also being close to our neighbors, “not in words, but in deeds, with gestures, with your heart”, even to “those we might not like”, who are different from us; to foreigners; to those “whom we feel do not understand us”; who never come to church; and who say they do not believe in God. Concluding, Pope Francis, thanked the organizers for choosing such meaningful motto, and the pilgrims for coming to Rome “to share the joy of belonging to Jesus, of being servants of his love, servants of His wounded heart that heals our wounds, that saves us from death, and that gives us eternal life.”

### **Cardinal Hollerich: Altar serving is ‘a service to God and others’**

The audience was introduced Cardinal Jean Claude Hollerich who is accompanying the pilgrims throughout the week.

The Archbishop of Luxembourg noted that the motto “With you” is an invitation to be “true friends of all men with the help of Christ”. However, he remarked, we are true friends only when we extend our hands to serve and help those in need: “the poor, the persecuted, the oppressed, the homeless, the unemployed, the refugees or those without a country.”

### **The celebration**

The Pope’s greeting was followed by a liturgy of the Word with six prayer intentions of the faithful introduced by Cardinal Hollerich in German, French, Hungarian, and Portuguese in which participants also prayed for peace in the world.

At the end of the celebration Pope Francis greeted each of the bishops accompanying the altar servers and then toured St. Peter’s Square to greet the young pilgrims.

## GENERAL NOTICES...

### NEW TO OUR LADY OF LOURDES? HOW CAN WE SERVE YOU?

Welcome. Wherever you are in your faith journey, it is great to have you. Please visit our website or call the parish office. We're here to serve you. [www.olol7hills.org.au](http://www.olol7hills.org.au)

**FOLLOW US ON FACEBOOK** <https://www.facebook.com/OLOL7Hills/>

### SICK AND/OR HOMEBOUND?

Would you like to receive Communion? Or seriously ill or in danger of death? We have dedicated ministers who can visit and bring you communion. Feel free to approach or call Fr Henry for the Holy Anointing of the Sick. Please call the parish office 9622 2920

### FUNERALS

When a Funeral is to be celebrated, please contact the parish office to organise a meeting with Fr Henry. Funerals are not permitted on Sundays or Holy Days of Obligation.

### BAPTISM

Parents desiring Baptism for their children are encouraged to contact the parish office to arrange for the required preparation class for parents.

### MASS INTENTIONS

All Mass intentions must be submitted to the Parish Office on or before Thursday. Names will be published for 4 weeks at a time.



### LOURDES OVER 50s GROUP

Over 50s meeting Thursday 12th September 2024, 10.30am–1pm in the Parish Hall. Please bring a plate to share. Look forward to seeing you there.

### Lourdes: Luminate Young Adults Group

The next group night will be 12th September, 6.30pm. If you would like more information please contact Ian Epondulan: [youtholol7h@gmail.com](mailto:youtholol7h@gmail.com) or search 'Lourdes 7Hills Young Adults' on Facebook.

### LOURDES PLAYGROUP

Our Lady of Lourdes Parish playgroup is a fun playtime for children aged 0 to 5 years old and their carers. It is held every Friday morning during school terms 9.30am-11.00am in the Parish Meeting Room. For further information please contact Maria Hosni 0432 174 056 or the Parish Office.

### PIETY SHOP

Located at the back of the church. Please come have a browse after mass.

### LEGION OF MARY

Thursdays at 1.30pm in the Parish Meeting Room. All Welcome.

### Christ Catholic Community Prayer Group

Thursdays at 9.30am in the Parish Meeting Room. All Welcome

### Vinnies Support Centres Are Available To Those In Need

The St Vincent de Paul Society has members and community-focused Vinnies Support Centres right across NSW. They provide people in immediate crisis with assistance. If you need assistance, call 131812 (option 3) to be redirected to your nearest Vinnies Support Centre. To find out more about the support that is available, visit <https://www.vinnies.org.au/nsw/find-help>. If you'd like to contribute to helping those in need in the local community through the St Vincent de Paul Society, please email Reno Abela at [rabel24@gmail.com](mailto:rabel24@gmail.com).

### OFFERTORY PROCESSION FOR OUR WEEKEND MASSES

With the intention to help our community to get more involved at Mass and better appreciate our share in the priesthood of the faithful, meaning our call to be priests, prophets and kings or queens of Jesus through baptism that Fr David Orr reminded us in our Parish retreat, I would like to invite all our parishioners to take part in the offertory procession, especially families that have some special celebrations in the families, such as baptisms, birthdays, wedding anniversaries, or death anniversaries. Please see Fr Henry or Ernie before Mass to arrange it.

### OLOL PARISH CALENDAR

#### August

21	Eucharist Sacramental Meeting (3rd)	6.30pm
24	Eucharist Sacramental Meeting (3rd) <b>Rpt</b>	4.30pm
28	Father's Day School Mass	9.15am
28	Eucharist Sacramental Meeting (4th)	6.30pm
31	Safeguard Training	10.00am

## OLOL MINISTRY ROSTER

**Acolytes, Ministers, Readers and Altar Servers, please remember to arrive 15 minutes before the beginning of Mass.**

### 17/18August

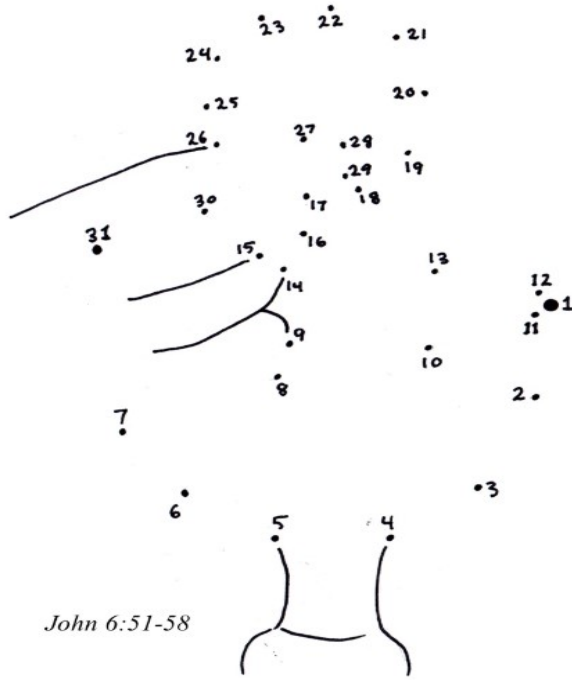
Acolytes	Vigil: James Dinning 8am: Terry Jordan 9.30am: Ryan Epondulan	
Ministers	Vigil: L. Bellissimo, A. Bellissimo 8am: B. J. Irudayaraj, M. Santos 9.30am: C. Brooks, A. Walker	
Readers	Vigil: J. Sarmiento, A. Punch 8am: E. Miu, S. Manamperi 9.30am: A. Han, N. Arambulo	
Altar Servers	Vigil: C. Bellamin, S. Thoms 8am: Volunteers 9.30am: A. Melki, C. Attard	
Morning tea (after 9.30am Mass)	Parish Office	
Musicians	Vigil: K. Thoms & C. Woodward 8am: Fr. Henry 9.30am: OFS	
Flowers	Fennie & Angela	
Church Cleaning	15 August	Cathy Hutchings, Annette Peatman Edgardo Barcelon,
Welcomers	Vigil: Ram Ugre 8am: Volunteer 9.30am: Kathy Chamberlain	

### 24/25August

Acolytes	Vigil: Derick Soares 8am: Ernie Gartner 9.30am: Eugene Miu	
Ministers	Vigil: R. Soares, M. Mifsud 8am: Edith Gartner, S. Manamperi 9.30am: B. Chandler, P. Gow	
Readers	Vigil: C. Rodrigues, M. Simic 8am: K. Walker, F. Paiva 9.30am: R. Nigli, C. Diaz	
Altar Servers	Vigil: J. Hoang, J. Martinez, O. Martinez 8am: H. Winter, K. Cassaniti 9.30am: Volunteer	
Morning tea (after 9.30am Mass)	Couples for Christ	
Musicians	Vigil: Nina's Group 8am: Fr. Henry 9.30am: Nina's Group	
Flowers	Annette & Mary B.	
Church Cleaning	28 August	Jessie Borg Anne McNally Egardo Barcelon
Welcomers	Vigil: Judith Deloso 8am: Volunteer 9.30am: Georgina Basili	

# The Kids' Bulletin

20th Sunday in Ordinary Time  
August 18th, 2024



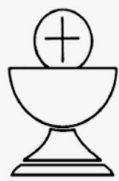
John 6:51-58

Jesus told the people that He is the Bread of Life and that He would give Himself to them as food. Connect the dots to see how He gives Himself to us today.

One of the words we use for Holy Communion is ..



..which means thanksgiving. It tells us that the Mass is the best way of giving thanks to God. It also reminds us that we should be very thankful to Jesus for coming to us and giving Himself to us.



A I B H N L B S P F L N P R J  
N M S E N G T Y C N A J L Q E  
W N N R L E D C V W C T L L J  
E H A X H I I K R O X V H I F  
E E P P E L E F F R F U F E O  
L V O S H I I V Y L V A A D R  
T R E S D V I B E D N D E I E  
P R E R M E K C P N S E H E V  
T L U M L A Q K A B A S L D E  
F H L T O A X M F B T E I O R  
I J E Y H T S E H D E R F X B  
M E Q A M P H T A F S T E N U  
X S D B V D J E I L I S T E N  
O U Y P B E R L R N K Z X I V  
R S Z X V B N P T W G G N M M

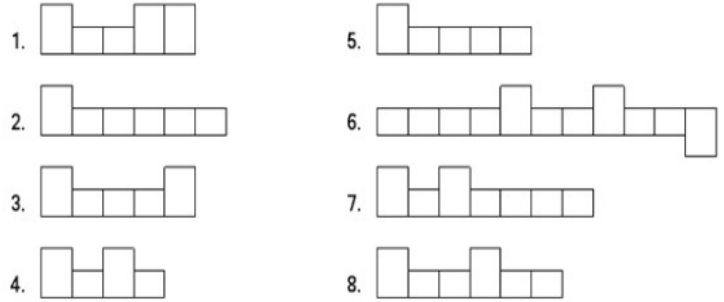
- |        |          |             |        |         |
|--------|----------|-------------|--------|---------|
| bread  | mother   | truth       | ate    | live    |
| heaven | prophets | believe     | manna  | forever |
| Jesus  | listen   | everlasting | desert | flesh   |
| father | learn    | life        | died   | world   |

## Jesus the Bread of Life



"I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. This bread is my flesh, which I will give for the life of the world."  
John 6:51 (NIV)

Enter the correct words in the boxes based on the shape of the letters.



bread	listen	truth	everlasting
heaven	learn	believe	life

Can you make your way through the BREAD OF LIFE maze?

